

West Hills Spring 2022 Group Tennis Lessons

Session I: Weeks of April 3rd, April 10th, April 17th (No Tennis on Easter), April 24th, May 1st, May 8th, May 15th, May 22nd.

Easter Day Replacement: Sunday, June 5th.

Make up week in case of Class Cancellation: Week of June 5th.

Shooting Stars (2 Courts)

Ages 5-8

Mondays & Thursdays (Max of 24 kids per session)

TIME: 5:45-6:15pm

Co-ed.

Cost: \$64 for 1x week (8 classes) \$128 for 2x week (16 classes). (DROP IN RATE: \$15/class)

DESCRIPTION: This course is designed for beginning tennis players from age 5 through 8. In this course, the focus will be on learning how to track and make contact with the tennis ball. Players will also learn how to properly hold the tennis racquet & we will begin to develop their groundstrokes through various drills and games!

Red felt tennis balls are 75% slower than a normal yellow tennis ball.

Young Stars (ORANGE BALL; 3 Courts)

Ages 7-10

Mondays & Wednesdays (Max of 24 per session)

TIME: Monday's: 6:30-7:15pm

Wednesday's: 5:30-6:15pm

Co-ed.

Cost: \$80 1x week, \$160 2x week. (DROP-IN RATE \$15/class)

DESCRIPTION: This course is designed for players aged 7-10 who have completed Red Ball classes or have at least 1-2 years of playing

experience. In this course, the focus will be on developing groundstrokes, learning how to hit with topspin, and the serve and serve return is introduced. Players at this stage will use the shortened court w/ a regular tennis net.

Orange Tennis Balls are 50% slower than a normal yellow tennis ball.

Star Academy Middle School & Intermediate (Age 10-18) (3 Courts)

Max of 24 kids.

Sundays (1:00-2:30pm) & Tuesdays (6:15-7:45pm)

Cost: \$150 1x per week, \$300 2x per week. (DROP IN RATE: \$15/class)

DESCRIPTION: This course is designed for players aged 11-18, who have mastered the basic strokes of tennis and are in-between starting middle school tennis all the way through high school JV. In this course, players will further develop their strokes and learn more about tennis strategy through drilling, playing games, and competition between one another.

A Regular Yellow Tennis Ball will be used on a full tennis court.

Star Academy Advanced (Yellow, 3 Courts)

(High School Varsity experience, 12+)

Sundays & Thursdays

6:15-7:45pm

Cost: \$150 1x per week, \$300 2x per week.

(DROP IN RATE: \$17/class)

DESCRIPTION: This course is designed for players who have Varsity Experience. This is intended for players who have been playing at a competitive level through high school tennis or USTA tournament competition beyond 12U. In this course, players will be developing more advanced strokes, learning advanced strategies, and preparing for competitions and college tennis preparation.

A Regular Yellow Tennis Ball will be used on a full tennis court.